


## Parenting to Build Emotional Intelligence and Resilience Skills


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- Impacts of the Pandemic
- Emotional Intelligence
- Resilience
- Essential Skills and Strategies
- Q&A



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**"Many students have lost appropriate social and communication skills."**


**Stressed students are hurting others — and themselves**

Schools are seeing many kids acting younger than their age, says **Dr. Vera Feuer**, an associate vice president of school mental health at Cohen's Children's Medical Center

Source: NPR (Kids are back in school — and struggling with mental health issues)

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**What is an **emotion** you'd like to support your child to manage more effectively?**

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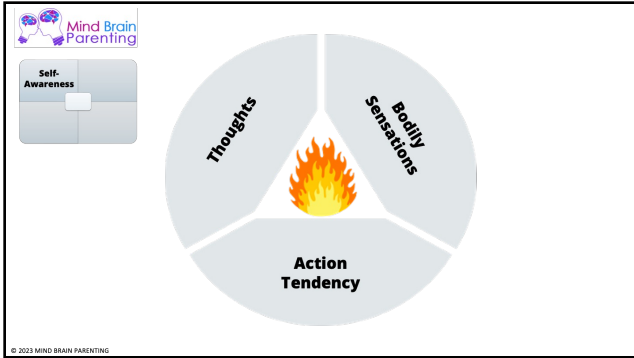
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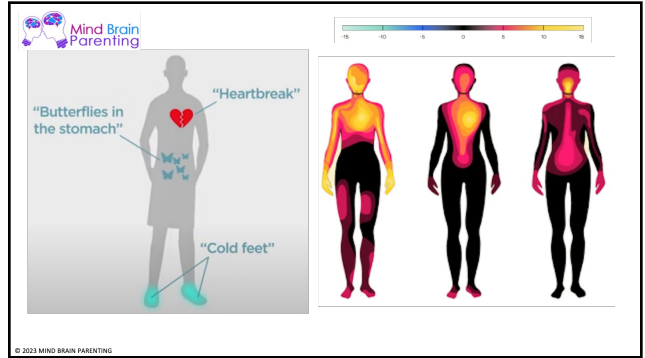
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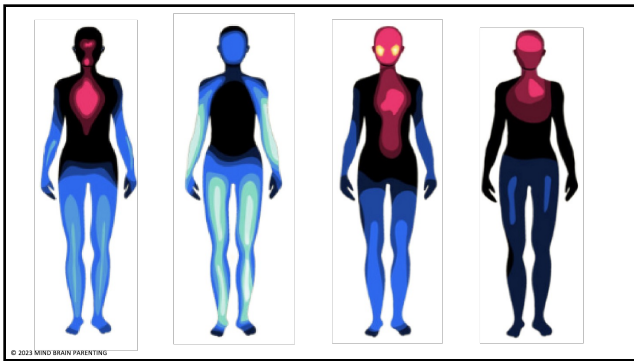
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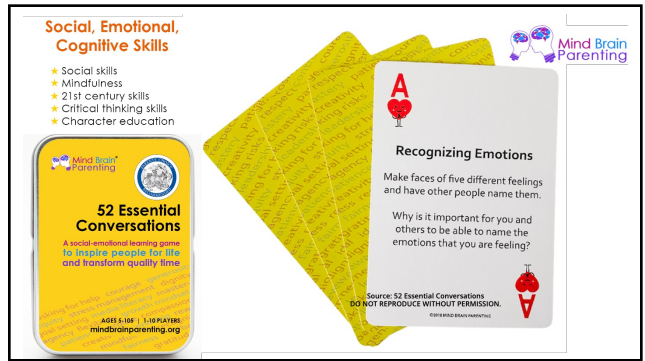
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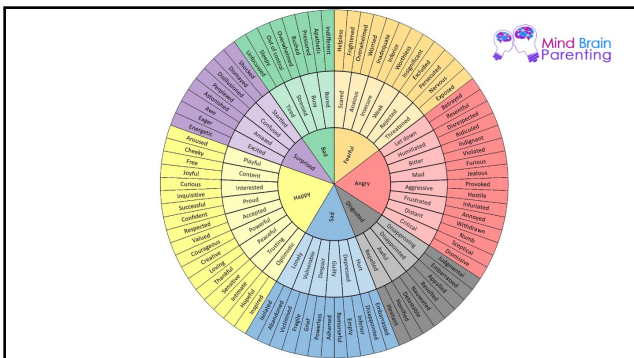
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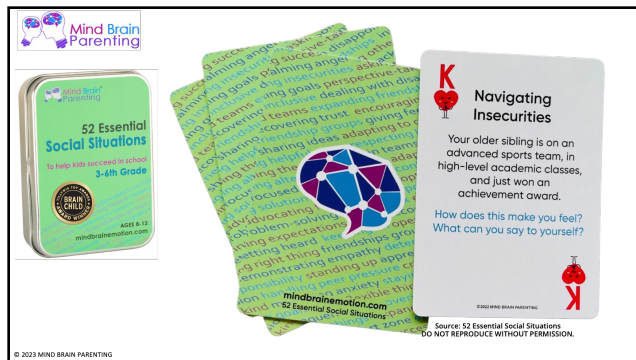
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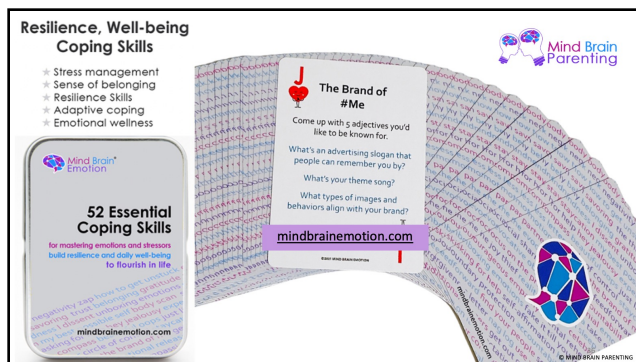
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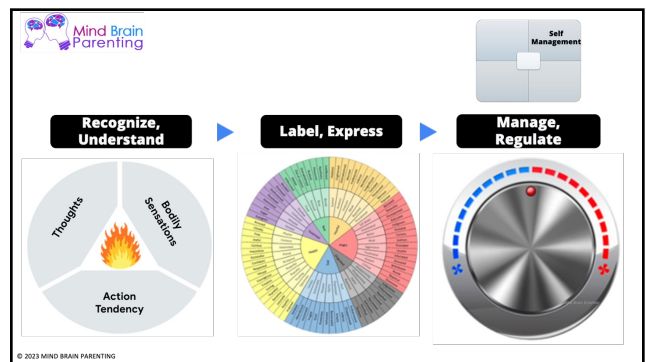
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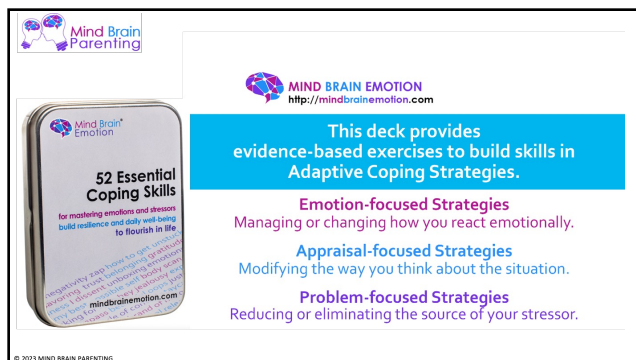
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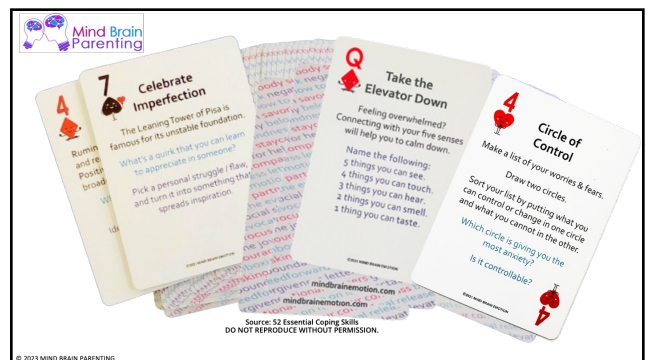
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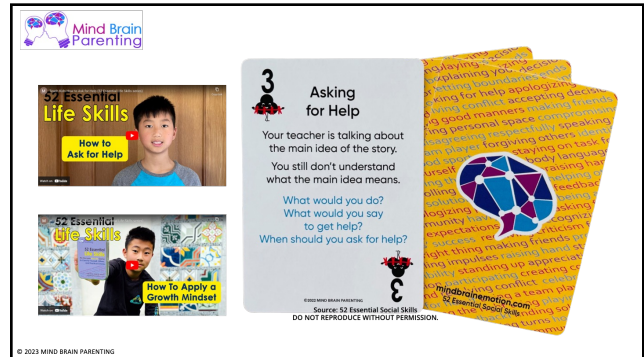
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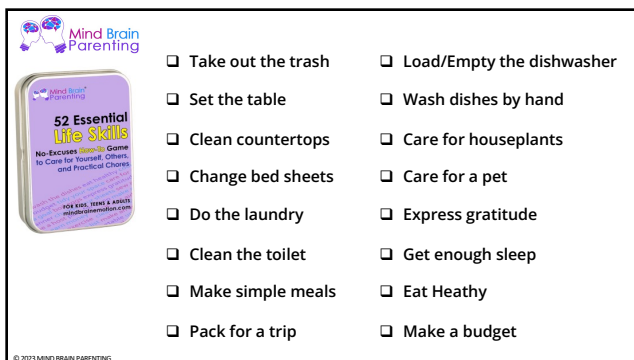
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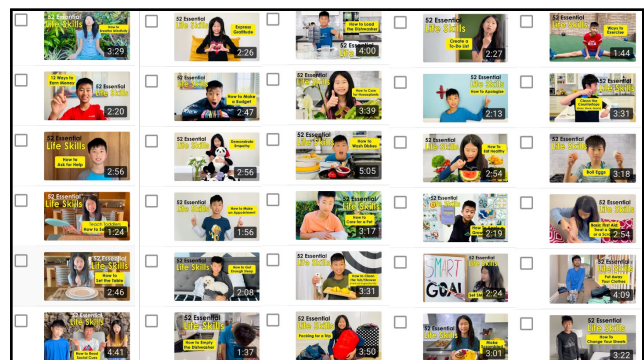
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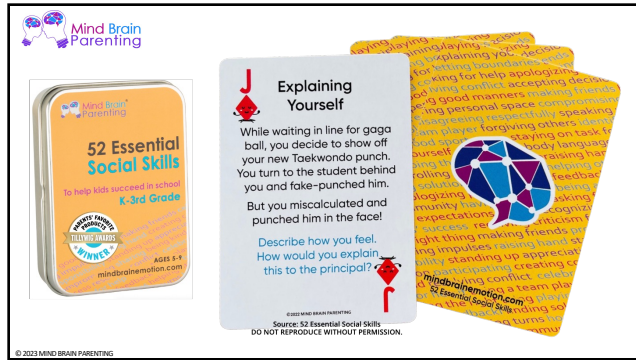
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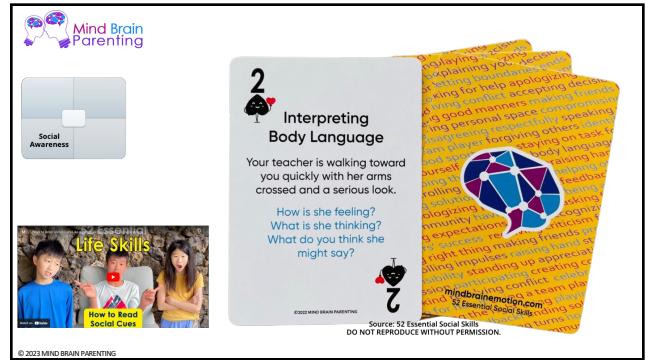
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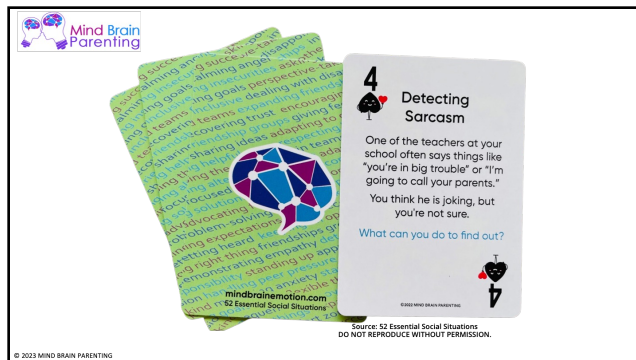
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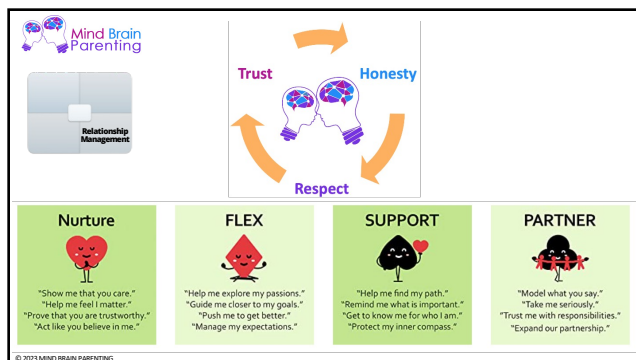
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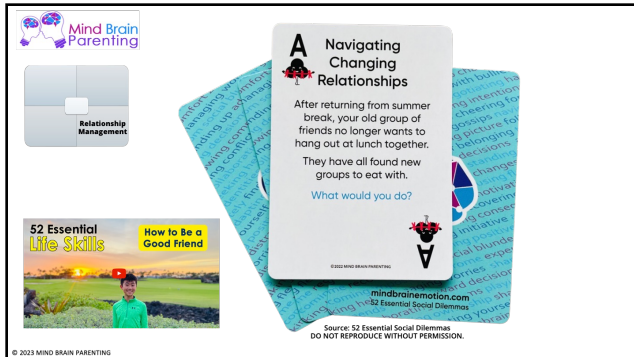
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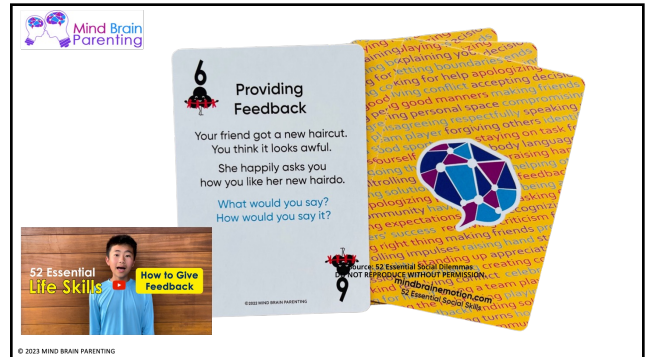
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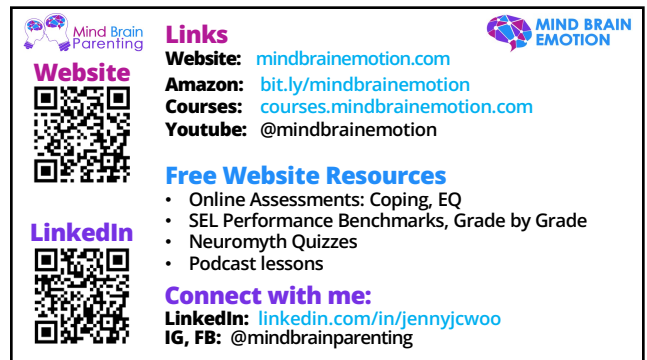
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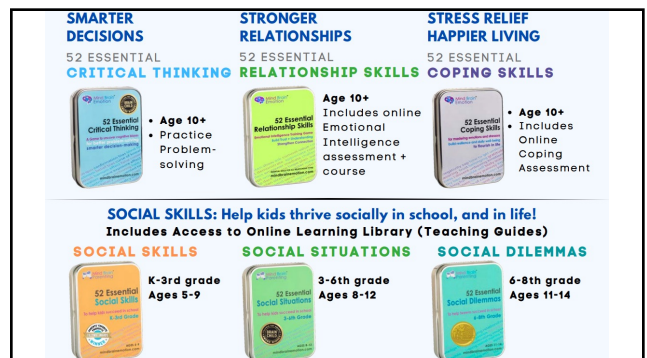
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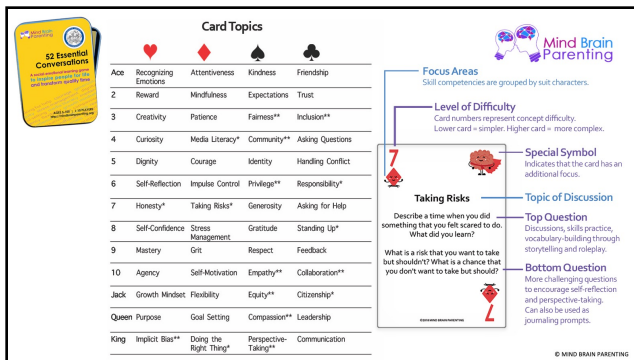
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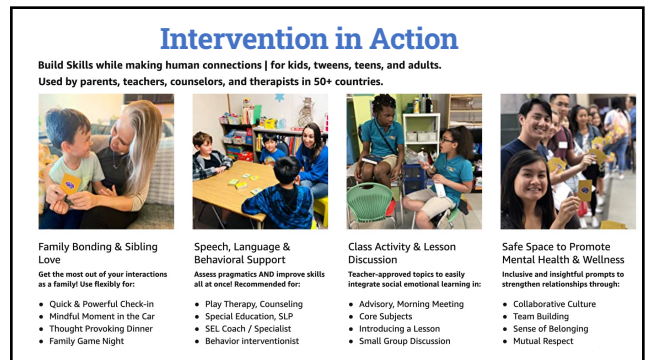
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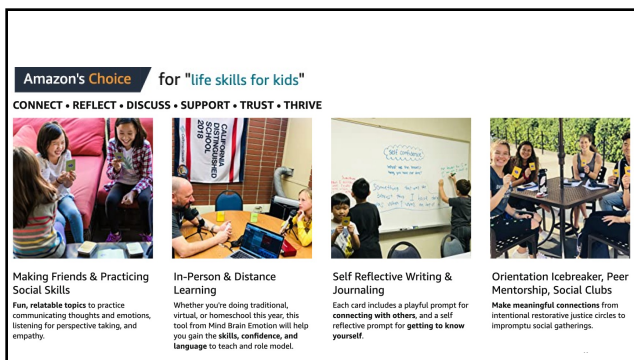
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